

**CITY OF HALLANDALE BEACH
COMMUNITY PARTNERSHIP GRANT**

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**Exhibit C
FY 2013**

MID YEAR/FINAL PROGRESS REPORT

Agency Name Women In Distress of Broward County, Inc.

Reporting Period: 10/1/2012 – 3/31/2013

Date Report Due: 4/15/2013

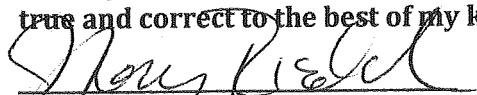
A. Project Information:

| | | |
|---|--|--|
| Project Name | Domestic Violence Services for Hallandale Beach residents | |
| Person Preparing the Report/ Job Title | Delores DeFerrari, Program Compliance Manager | Phone # 954-760-9800 |
| Project Start-Up Date | October 1, 2012 | |
| Number of participants served during this period | Hallandale Beach Residents <u>98</u> | Non- Hallandale Beach Residents <u>3,986</u> |
| Participant Status to Date | Active | Terminations: <u>0</u> Successful <u>98</u> |
| Project Completion Date | September 31, 2013 | Number Served: 98 to date |
| Amended Completion Date (if applicable) | N/A | |

B. Project Cost

| Total Project Cost | | Funds Expended to Date | Percentage |
|--------------------|------------|------------------------|------------|
| City Funding | \$5,000.00 | \$2,500.00 | 50 % |

I certify that the information contained in this Mid-Year/Final Report and Attachments are true and correct to the best of my knowledge.


Signature of Authorized Representative

8/5/2013
Date

Thank you in advance for your Mid-Year /Final Report.

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**Exhibit D
FY 2013**

PROGRAM SUMMARY

Women In Distress of Broward County, Inc. is utilizing \$5,000.00 in funding from the City of Hallandale Beach to provide critical needs and services such as emergency shelter, food, clothing, advocacy, therapy, support groups, transitional assistance and children's services to domestic violence victims who are Hallandale Beach residents from October 1, 2012 – September 30, 2013.

The target population to be served is Hallandale Beach residents who have been affected by domestic violence. Although domestic violence knows no boundaries and affects individuals of all socioeconomic and cultural backgrounds, domestic violence victims are considered a HUD presumptive population due to being forced to leave their home because of abuse. The individuals served by our programs are primarily low to moderate income level in accordance with the Department of Housing and Urban Development's definition and there are no age or gender limitations placed on accessing services.

According to the Florida Department of Law Enforcement's Annual Report for Broward County, in 2011 there were 241 domestic violence offenses reported in Hallandale Beach, which included 1 murder, 5 forcible rapes and 77 aggravated assault offenses. Also, the City of Hallandale Beach's ratio of domestic violence offenses to population count is .6%, which is higher than Broward County's average ratio of .4%. Studies indicate that 74% of Americans personally know someone who is or has been abused and that one in four women will experience domestic violence at some point in her lifetime. Of the approximately 19,299 women that reside in Hallandale Beach (2010 U.S. Census Bureau), this implies that 4,825 of them will experience domestic violence in their lifetime.

Hallandale Beach residents can access the emergency shelter and information about domestic violence services at Women In Distress' main campus 24 hours a day, 7 days a week. Women In Distress maintains partnerships with local companies, such as Yellow Cab and Broward County Public Transportation including the Broward County Tri-Rail Bus, to ensure that all services at the main campus are accessible, but not limited to, Hallandale Beach residents. Through the Broward County Homeless Continuum of Care, shelter residents are provided a limited number of free bus passes to assist with transportation. Also, Women In Distress committed to providing services to those in need in Hallandale Beach and maintains a partnership with the Hepburn Center located at 750 N. W. 8th Ave. Hallandale Beach, FL 33009. At the Hepburn Center, Women In Distress provides support group sessions and individual advocacy on a weekly basis to domestic violence victims.

The services provided at Women In Distress are vital to meet the need in Hallandale Beach for domestic violence services. Last fiscal year Women In Distress provided 8,365 domestic violence victims including 112 residents of Hallandale Beach (1% of total served) fleeing domestic violence with the following services:

- o Emergency Shelter: The emergency shelter is at the heart of Women In Distress' mission and provides families fleeing abusive situations with emergency shelter and critical needs such as food, clothing,

household supplies, advocacy, support groups and therapy for up to 90 days. Also, a 24 crisis hotline is operated at the emergency shelter to provide emergency intervention and information on available services to callers in need. Last fiscal year, Women In Distress answered 63 hotline calls from Hallandale Beach residents.

- Advocacy, Support Groups and Therapy: Women In Distress provides advocacy and support groups to Hallandale Beach residents at Women In Distress' main campus and at the Hepburn Center. Through individual sessions, Advocates assist domestic violence victims with creating and maintaining an individualized safety plan and case management. Information is provided on available services at Women In Distress such as individual therapy, support groups and public assistance such as transitional assistance, legal aid, housing solutions and employment resources. Advocates assist victims identify services that would meet their needs. Also, Advocates facilitate support groups such as crisis group, survivor support groups, survivor men's support groups, parenting, anger management, self-esteem group, LGBTQ groups, You Are Hired and children's group. These groups provide peer support for domestic violence victims and allow for exploration of experiences in an open and safe environment. At Women In Distress' main campus, Hallandale Beach residents and their children can participate in therapy sessions if suffering from depression, post-traumatic stress disorder, trauma, anxiety or other mental illness related to domestic violence. The focus of therapy sessions is to address and reduce trauma from victimization and mental illness due to abuse. Last fiscal year, Women In Distress provided 29 Hallandale Beach residents with 515 services including case management, filing victim's compensation, group therapy, individual therapy, safety planning and victim's relocation assistance at the agency's main campus and at the Hepburn Center.
- Children's Services: With parental consent, age-appropriate services are offered to the smallest victims of domestic violence. The Children's program aims to help youth through a variety of educational and intervention techniques as they cope with effects of domestic violence on their lives. Children who witness domestic violence are more likely to exhibit behavioral and physical health problems including depression, anxiety, and violence towards peers. Also, witnessing violence between one's parents or caretakers is the strongest risk factor of transmitting violent behavior from one generation to the next. Services that are provided through the Children's Program are a safety plan fitted to children's needs, emergency shelter, and respite care while mothers receive critical services. Individual counseling and support groups are available for children and are broken up into age and gender categories to ensure that services provided are age-appropriate. Also, children are provided with information on healthy vs. unhealthy relationships and preventive education as Women In Distress' focus is not only the immediate safety of children but also to reduce the transmittance of violent behavior to the next generation. Last fiscal year, 20 children received 63 services individual advocacy, group support and respite care at Women In Distress' main campus.
- Education and Awareness: By providing participants and their families with education on the issue of domestic violence, victims are given the tools needed to participate in healthy relationships. Also, education and awareness programs in the community help break stereotypes and spread awareness about domestic violence.

The objective of the programs at Women In Distress is to provide adequate safe shelter and supportive services to domestic violence victims and their families as well as provide them with the resources that will enable them to:

- Gain sufficient empowerment through awareness of emergency services and community resources available to them
- Recover from the traumatic effects of victimization

- Develop knowledge and awareness about the dynamics of domestic violence including power and control tactics
- Recognize the effects that domestic violence has on children physically and emotionally
- Transition out of the emergency shelter into a safe, self-determined and self-sufficient life
- Reduce the cycle of domestic violence in future generations

Women In Distress collaborates with multiple agencies throughout Broward County and has 14 Memorandums of Agreement in place for referral and training purposes as well as to ensure equal access to domestic violence programming.